



CALIFORNIA CONCUSSION
I N S T I T U T E

CCI Symposium

A Modern Approach to Sport Concussion



Ryan Donahue, PT, DPT, SCS, CSCS

Ryan Donahue is in his fourth year with the 49ers as the team's rehabilitation coordinator. Donahue is a licensed physical therapist through the American Physical Therapy Association, as well as a Board Certified Sports Physical Therapist (SCS) via the American Board of Physical Therapy

Specialties and a Certified Strength and Conditioning Specialist (CSCS) through the National Strength & Conditioning Association.

Before joining the 49ers, Donahue spent the previous three years as a physical therapist at the Andrews Institute for Orthopedics and Sports Medicine in Gulf Breeze, FL where he provided rehabilitation for athletes in the NFL, NBA, MLB, Olympic Teams as well as US Special Forces and general population.

Prior to the Andrews Institute, Donahue received his doctorate in physical therapy from Northeastern University in 2012, while also serving as assistant director of strength & conditioning for the university's Sports Performance department. In addition to Northeastern, he has held previous affiliations with EXOS (formerly Athletes' Performance) in a physical therapy role, as well as strength & conditioning affiliations with the University of Connecticut, University of North Carolina at Chapel Hill, and Mike Boyle Strength & Conditioning. In 2008, Donahue received a bachelor of science in exercise science from the University of Connecticut with a concentration in strength & conditioning.