















## Concussion Diagnosis

The diagnosis of concussion is a clinical diagnosis. This means that there is no blood test or imaging test that gives your provider the diagnosis. It is a decision made by a trained clinician evaluating all of the current facts and information had at the moment. Concussions can be diagnosed by a trained provider on the sideline, an urgent care, an emergency room or in your physician's office. A possible concussion should be evaluated within 24 hours of the injury. Until that athlete is evaluated, a possible concussion should be removed from play. Sometimes symptoms do not show up for hours or even days.

There are many common signs and symptoms of a concussion:

-  Amnesia
-  Sensitivity to light or sound
-  Double or fuzzy vision
-  Headache
-  Slowed reaction time
-  Confusion
-  Balance problems or dizziness
-  Nausea
-  Loss of consciousness
-  Feeling unusually irritable
-  Feeling sluggish, froggy, or groggy
-  Memory problems

*A concussion is a temporary change in normal brain function sustained after an injury to the head.*