



## CCI Symposium

*A Modern Approach to Concussion:  
Prevention and Care*

*presented by*



### **Laura A. McCabe, ATC, LAT**

Laura McCabe is in her fifth season with the San Francisco 49ers as the team's assistant athletic trainer. Before joining San Francisco, McCabe was the head athletic trainer for the women's soccer team at Texas Tech University.

Starting in 2008 at Texas Tech, McCabe was responsible for the prevention, evaluation, care and rehabilitation of athletic injuries for all soccer players. She was also involved in the mental health program for

student athletes and was responsible for the inventory and purchasing of all training room supplies.

A native of Prairie Village, KS, McCabe earned her master's degree in Human Resource Development from Clemson University in 2008. During her time at Clemson, she served as a graduate assistant to all 21 intercollegiate sports while working primarily with the women's soccer program during her graduate assistantship. McCabe graduated from Kansas State University in 2004 with a dual bachelor's degree in Kinesiology and Athletic Training. While at Kansas State, she worked with the football team as a student trainer.

“My interest in concussions began when I worked with collegiate soccer. Concussions have become more common in sports and the developments and research in recent years have made our decision making better. We, athletic trainers, are responsible for the health and safety of our athletes. Working side by side with Dr. Saglimbeni, I am confident we are providing the best care and most appropriate return to play protocol for our 49er players.” -Laura McCabe