



CCI Symposium

*A Modern Approach to Concussion:
Prevention and Care*

presented by



Louis James “L.J.” Petra, ATC



Louis James “L.J.” Petra enters his 12th consecutive season in the San Francisco Giants organization and first as a Major League Assistant Athletic Trainer. A 2004 graduate of the University of Connecticut. L.J. has worked as an athletic trainer at every level of the Giants organization from 2009-2017. For the last two seasons, he served as the Head Minor League Athletic Trainer and Minor League Medical Coordinator.

Before joining the Giants organization, L.J spent 2007-08 as the Assistant Athletic Trainer and Head Strength and Conditioning Coach for the Bowie Baysox, Double-A affiliate of the Baltimore Orioles and also worked for one season as the Head ATC for Tiburones de la Guaira of the Venezuelan Baseball League in 2013.

L.J has enjoyed speaking engagements at the San Francisco Giants Sports Medicine Conference, Sacramento State Athletic Training Education Program, Sacred Heart Athletic Training Education Program and the California Physical Therapy Association. Topics ranged from musculoskeletal rehabilitation, postural assessment, soft tissue preparation and concussion management.

Throughout L.J.’s career with the San Francisco Giants as an athletic trainer and minor league coordinator, L.J. has worked directly with team physician/concussion specialist, Dr. Anthony Saglimbeni to manage and oversee all of the concussion care for the minor league players to ensure each player returned to play safely after a concussion. He will continue to work with Dr. Saglimbeni in his new position at the major league level as well.